

Dear Students of Jasmine,

We are honored for Jasmine's teachings to be so sought after that a website has been created in honor of her and her life's work (other than me of course). We are excited that recordings of classes will be available to all those who loved her on the JasmineLiebYoga.org web site.

We know that throughout her years teaching, she allowed her students to take audio recordings for personal use only. They contain valuable content that meaningfully contribute to therapeutic yoga's advancement. Additionally, they can be used by students who wish to study her method. These recordings are an important part of her legacy and a testament to her experience, insights, effectiveness, as well as the depth of her yoga teachings.

JasmineLiebYoga.org is a dedicated site to Jasmine, and at this juncture, it is a repository of all the class recordings. It is our pleasure to contribute these audio recordings to her students and the yoga community. Every body is unique and these teachings were of course meant to be used with her being physically present and adjusting your body however, given her passing, since she cannot be present, please use caution and listen to your body when following instructions from the audio/video recordings as injuries can occur. We suggest using these as a resource for you with the help of your yoga therapist/mentor to ensure maximum safety and effect. We cannot be held responsible for any injuries that occur while using audio recordings of past classes.

Please feel free to forward any class audio recordings to
JasmineLiebYoga@gmail.com (for technical support, please contact:
m.mansouri@gmail.com)

Thank you for all your support and thank you for BE-ing you.

Yours Sincerely,

Casey and Stephen Lieb